

# NEIGHBORHOOD UPDATE

HIGHLAND HOSPITAL  
ACUTE TOWER  
REPLACEMENT  
PROJECT



HOME  
AWAY  
FROM  
HOME

## UPCOMING CONSTRUCTION ACTIVITIES: 3/2017 - 5/2017

- ▶ Demolition of the H-Building continues.
- ▶ Increased truck traffic from the old Service Road onto 14th Avenue during demolition activities.
- ▶ Noise from demolition activities will be increased from 7am to 7pm, Monday to Friday.
- ▶ Weekend work may be necessary. No work on the weekend will begin before 9 am.
- ▶ Installation of fencing along East 31st Street scheduled for early March 2017. Partial closure of the sidewalk may be periodically necessary during this installation.

## ▶ FOR MORE INFORMATION

### GENERAL SERVICES AGENCY

Ann Ludwig, Program Manager  
County of Alameda  
510-208-9552  
ann.ludwig@acgov.org

### AHS INFORMATION

Jerri Randrup, Director of Corporate Communications  
Alameda Health System  
510-437-4732  
jrandrup@alamedahealthsystem.org

## ▶ WEBSITE: [highlandatr.org](http://highlandatr.org)

- ▶ For immediate safety or nuisance concerns, call the 24-Hour Highland ATR Hotline at **(510) 227-0392**

**A**sk any resident medical student at a teaching hospital about the importance of sleep rooms and you will quickly learn how crucial these rest spaces are to their well-being. Residents work long hours throughout their training programs, which typically last four to five years. Sleep rooms provide a welcome island of calm in a busy, sometimes frantic, work environment.

Highland Hospital resident sleep rooms were previously located in the H-Building. In anticipation of the H-Building demolition, the sleep rooms were moved to Level 2 of the S-Building. Construction of the new space was completed in June of 2016 and consists of 20 sleep rooms (shown in the photo above), two training rooms, two conference rooms, public restrooms, and a lounge. 



## HOME AWAY FROM HOME (continued from page 1)

Each sleep room (left top photo) contains a bed, desk, computer station, wardrobe closet, and adjoining bathroom with a shower, sink, and toilet (photo below). These private areas not only provide residents a quiet space to rest, but also to conduct research, complete paperwork, and record clinical notes.

An attractive lounge with comfortable chairs also has an area for food preparation with refrigerators and a sink (left middle photo). Residents can gather to converse about their programs, study individually or in small groups, or simply put their feet up between medical rounds.

Two training rooms (left bottom photo) equipped with movable desks, computers, white board, bulletin board, and digital screen are easily configured into classrooms for individual or group instruction sessions. Required medical training on a wide variety of topics is now conveniently scheduled on campus to maximize learning opportunities.

